



DIRECTIONS: Use a ruler to measure the top of your hand across your knuckles and use the chart below to determine glove size.

NOTE: This chart is only an approximate size, glove should be tried on to confirm best fit.

SIZE	MEN'S	LADIE'S
XS	2.5 - 2.75	-
SM	2.75 - 3.0	2.0 - 2.5
MD	3.0 - 3.5	2.5 - 3.0
LG	3.5 - 4.0	3 - 3.5
XL	4.0 - 4.5	-
2XL	4.5 - 5.0	-
3XL	5.0 - 5.5	-

(inches)