



HELMET SIZING GUIDE

ADULT	HAT SIZE	INCHES	CM
XS	6-5/8 – 6-3/4	20.87 – 21.26 in.	53 – 54cm
S	6-7/8 – 7	21.65 – 22.05 in.	55 – 56cm
M	7-1/8 – 7-1/4	22.44 – 22.83 in.	57 – 58cm
L	7-3/8 – 7-1/2	23.23 – 23.62 in.	59 – 60cm
XL	7-5/8 – 7-3/4	24.02 – 24.41 in.	61 – 62cm
XXL	7-7/8 – 8	24.80 – 25.20 in.	63 – 64cm
XXXL	8-1/8 – 8-1/4	25.60 – 26.00 in.	65 – 66cm
XXXXL	8-3/8 – 8-1/2	26.40 – 26.80 in.	67 – 68cm
XXXXXL	8-5/8 – 8-3/4	27.00 – 27.50 in.	69 – 70cm

JUNIOR	INCHES	CM
S	19.15 – 19.50 in.	49 – 50cm
M	20.10 – 20.45 in.	51 – 52cm
L	20.87 – 21.26 in.	53 – 54cm

***Individual head sizes and shapes vary.
Helmets must always be properly fitted to wearer.***