Fitting Instructions
APE (Anchor Point Extended)
Cross Bar Kits for Track & Direct Mounting Systems

Note: Prior to Assembly
Prior to assembling your cross bar kit check that the kit contains all the parts you will need to fit the cross bars. Refer to parts lists for guidance.
Please read these instructions before assembly.

Step 1: Determine if you have a Direct or Track mounting roof rack system. These systems must be installed prior to installing the cross bar kits. If it’s a Track Mounting System (part numbers 59853, 59854, & 59855) follow steps 2 and 3. (Fig. 1) If it’s a Direct Mounting System (part numbers 59753 & 59754) follow steps 4 and 5 (Fig. 2)

Track Systems part numbers
59853 – 59854 - 59855

Direct Systems part numbers
59753 – 59754

Step 2: Installing Cross Bars on a Track Mounting System.
A. Locate hardware bag labeled “Track Mount Hardware”.
B. Assemble bolt M6x16 into End Support and thread on M6 Hex nut brass onto bolt, (Fig. 3)
Step 3: Installing Cross Bars to the vehicle with Track Mounting System. (Continued)
A. Place an End Support and the M6 Hex Nut Brass into the open end of the Track (Fig 4.)
   Ensure that the Brass Nut is engaged in the channel. Position it along the rail with the logo facing out.
   Turn the bolt approx 2-3 turns with the L Wrench security key (Fig 5).
   Do not tighten yet, Repeat for the other 3 End Supports.
B. Go to step 6 to continue installing cross bar.

Step 4: Installing Cross Bars on a Direct Mounting System.
A. Locate hardware bag labeled “Direct Mount Hardware”.

Step 5: Installing Cross Bars to the vehicle with Direct Mounting System. (Fig. 6)
A. Using a Philips head screw driver remove the top screw and cover from mounting block. Covers will not be replaced while the cross bars are on the vehicle. Store the Covers and Bolts for later replacement when cross bars are removed. (Fig. 7)
B. Place End Support on mounting block with the logo facing out. Install the M6x24 bolt through End Support and turn the bolt approx 2-3 turns with the L wrench security key. (Fig. 8-9) Do not tighten yet, repeat for other 3 End Supports.
C. Go to step 6 to continue installing cross bar.
Step 6: Fitting Cross Bars to the vehicle
A. Place the Cross Bar onto the End Supports ensuring that the End Support Tabs are located into the cutouts on the underside of the bar. Ensure the Cross Bar marked “FRONT” is placed on the front End Supports. Check that the Cross Bar has equally distanced overhang on either side of the End Supports. (Fig. 10)
B. Insert the M8 hex nut into the Clamp Plate. Insert the Clamp Plate into the end of the Cross Bar and align it so that the nut and the End Support’s bolt hole align.
C. Secure the Cross Bar to the End Support by screwing the M8 x 20mm bolt with Washer and Spring Washer through the End Support hole and into the Clamp Plate nut. (Fig. 11)
D. Using a 13mm or adjustable wrench fully tighten the bolt on the underside of the support. Now using the Security Key finish tightening the M6x16 bolts to 5Nm (44 in/ lbs) or to a firm hand tightness.

Step 7: Installing Under Cover strips
Mark on underside of bars with a pencil the length of Under Cover strips needed.
Remove bars, measure length of under cover filler strips to fill slot. Cut Under Cover pieces using scissors or a blade. Slide inner most Under Cover into position on the bars and re-assemble bars onto vehicle. Add the outer Under Cover piece once bars are attached. (Fig. 12)

Step 8: Install End Caps
Locking End Caps can now be installed into the ends of the cross bars. (Fig. 13) Remove keys and keep in a safe place.
To load accessories into the Cross Bar accessory channel remove End Cap, cut Buffer Strips as needed. Once accessories have been loaded, re-insert the End Caps and lock. Additional Buffer Strips may be purchased from ROLA if needed.

⚠️ REGULARLY CHECK THE TIGHTNESS OF CROSS BAR & ATTACHMENTS.
⚠️ Loads should be evenly distributed and secured.
⚠️ Check the function of all doors and sunroof before driving.
⚠️ Any weight carried on the vehicle will adversely affect its handling particularly in cornering or in a cross wind and the vehicle should therefore be driven with increased caution.

Ensure bars are parallel and straps are tightened against the side rails. Perform a check by tugging on the cross bars.