

# Installation instructions

For set # 16.3111  
1988 Honda Civic / CRX



It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. This instruction set is intended as a guideline for the safe installation of Energy Suspension's polyurethane bushings, once you have removed the factory components from your vehicle.

Apply light heat evenly around the outside of the outer metal casing, just enough to break the bond with the rubber. When you see light smoke coming from the sides of the bushing the bond should be broken. At no time should there be any flames coming from the rubber, if there are any flames, you need to back off with the heat. Just push the old rubber and inner metal sleeve out. Let the outer metal casing cool off before cleaning the inside.

Do not remove outer metal shell, it must be reused for this bushing set to work.



Heat here only

To remove rubber bushing, evenly apply heat to outside casing. This heat will break the glue bond and the bushing will push out. At no time should there be flames, only steady heat.

The outer metal casing is stepped, be sure to install the new bushings correctly. P/N 3321 is the smaller bushing, install it on side with smaller inside diameter.

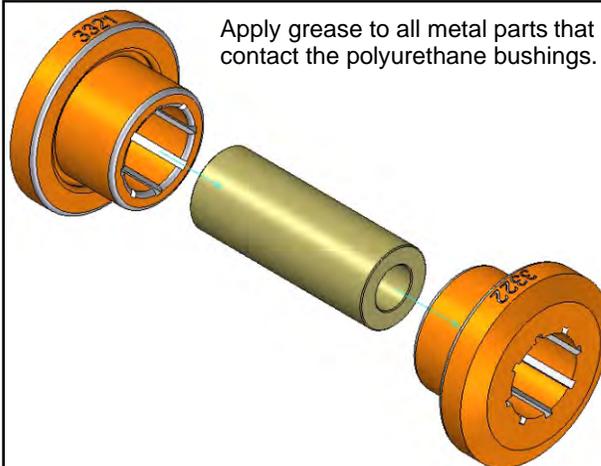


Let metal casing cool before cleaning inside. Remove any burrs and sharp edges before applying grease.

## B.O.M.

- 4 - 3321 small bushing.
- 4 - 3322 big bushing.
- 4 - 15.10.279.39 (3/4"x 1/2"x 1.960") sleeve.
- 1 - 17389 installation instructions.
- 2 - 9.11108 grease.

Apply grease to all metal parts that contact the polyurethane bushings.



# 17389